

### Road Rides

Start at Starbucks on Kateri Drive. Helmets mandatory. Bring tube, pump and tools to fix a flat and other common mechanicals, water, ride nutrition. Ride is cancelled if wind >40kph or stormy.

### MTB Rides

MTB rides start from the bike skills park in South Bear Creek. Helmets mandatory. Bring tube, pump, tools to fix a flat and other common mechanicals, water, ride nutrition.

### Time Trials

7.5k (one way) or 15k (out and back) Meet just west of the Wapiti Nordic Ski Club biathlon parking lot. Ride along TWNS Rd 704 and RR 64. Look for markings on pavement or see [Strava](#).

### Membership

Membership is required to meet ABA and Cycling Canada insurance requirements. See [Zone4](#) for the link to register.

Join the [GP Wheelers Facebook Group](#) for club announcements, ride updates, trail updates, and other bike-related information.

# April 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15 6:30 PM Social Road Ride <b>CANCELLED</b>	16 6:30 PM MTB Group Ride <b>CANCELLED</b>	17	18	19
20	21	22 6:30 PM Social Road Ride <b>CANCELLED</b>	23 6:30 PM MTB Group Ride <b>CANCELLED</b>	24	25	26
27	28	29 6:30 PM Social Road Ride <b>CANCELLED</b>	30 6:30 PM MTB Group Ride <b>CANCELLED</b>			

# EVENT

## Group Rides

Road rides start at Starbucks on Kateri Drive. MTB Rides start at the bike skills park in South Bear Creek.  
 Garrett 780-830-6771 (Road)  
 Steve 780-933-5249 (MTB and Trails)

## May 22 - Bike to Work Day

Grande Prairie's first Bike to Work Day is May 22. If you're able to, ditch the car at home and ride your bike!  
[www.biketoworkgrandeprairie.com](http://www.biketoworkgrandeprairie.com)

## Social Road Rides

We ride for ~60-90min and regroup at intersections and other safe spots for anyone who was dropped. Focus is on practicing group riding skills and staying together, not racing.

# May 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2 11:00 AM – Group Road Ride <b>CANCELLED</b>	3
4 6:30pm - Learn to Road Ride Clinic – Dunes Trailhead <b>CANCELLED</b>	5	6 7:00 PM Social Road Ride <b>CANCELLED</b>	7 7:00 PM MTB Group Ride <b>CANCELLED</b>	8	9 11:00 AM Group Road Ride (Sprints) <b>CANCELLED</b>	10
11	12 7:00 PM Wheelers TT #1 <b>CANCELLED</b>	13 7:00 PM Social Road Ride <b>CANCELLED</b>	14 7:00 PM MTB Group Ride <b>CANCELLED</b>	15	16 Holiday Weekend – No Organized Ride <b>CANCELLED</b>	17
18	19	20 7:00 PM Social Road Ride <b>CANCELLED</b>	21 7:00 PM MTB Group Ride <b>CANCELLED</b>	22 Bike to Work Day	23 11:00 AM Group Road Ride – Hill Climbs <b>CANCELLED</b>	24
25 6:30pm - Learn to Road Ride Clinic – Dunes trailhead <b>CANCELLED</b>	26	27 7:00 PM Social Road Ride <b>CANCELLED</b>	28 7:00 PM MTB Group Ride <b>CANCELLED</b>	29	30 11:00 AM Group Road Ride (Sprints) <b>CANCELLED</b>	31

# EVENT

## Road Rides

Start at Starbucks on Kateri Drive. Helmets mandatory. Bring tube, pump and tools to fix a flat, water, ride nutrition. Ride is cancelled if wind >40kph or stormy.

## MTB Ride

Ride with some OG's of GP mountain biking. Frequent regrouping after singletrack sections so no one gets left behind.

## Group Rides

Road rides start at Starbucks on Kateri Drive. MTB Rides start at the bike skills park in South Bear Creek.  
Garrett 780-830-6771 (Road)  
Steve 780-933-5249 (MTB and Trails)

# June 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3 7:00 PM Social Road Ride <b>CANCELLED</b>	4 7:00 PM MTB Group Ride <b>CANCELLED</b>	5	6 11:00 AM Group Road Ride <b>CANCELLED</b>	7
8 6:30pm - Learn to Road Ride Clinic – Dunes Trailhead <b>CANCELLED</b>	9 7:00 PM Wheelers TT #2 <b>CANCELLED</b>	10 7:00 PM Social Road Ride <b>CANCELLED</b>	11 7:00 PM MTB Group Ride <b>CANCELLED</b>	12	13 Tumbler Ridge Road Ride <b>CANCELLED</b>	14
15	16 Road – Hill Climbs @ 7p <b>CANCELLED</b>	17 7:00 PM Social Road Ride <b>CANCELLED</b>	18 7:00 PM MTB Group Ride	19	20 11:00 AM Group Road Ride	21
22	23	24	25 7:00 PM MTB Group Ride	26	27 11:00 AM Group Road Ride	28
29	30					

# EVENT

## Road Rides

Start at Starbucks on Kateri Drive. Helmets mandatory. Bring tube, pump and tools to fix a flat, water, ride nutrition. Ride is cancelled if wind >40kph or stormy.

## MTB Ride

Ride with some OG's of GP mountain biking. Frequent regrouping after singletrack sections so no one gets left behind.

## Group Rides

Road rides start at Starbucks on Kateri Drive. MTB Rides start at the bike skills park in South Bear Creek.  
Garett 780-830-6771 (Road)  
Steve 780-933-5249 (MTB and Trails)

# July 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Holiday – No ride organized	2 7:00 PM MTB Group Ride	3	4 11:00 AM Group Road Ride	5
6	7	8	9 7:00 PM MTB Group Ride	10	11 11:00 AM Group Road Ride	12
13	14	15	16 7:00 PM MTB Group Ride	17	18 11:00 AM Group Road Ride	19
20	21	22	23 7:00 PM MTB Group Ride	24	25 11:00 AM Group Road Ride	26
27	28	29	30	31		

# EVENT

## Road Rides

Start at Starbucks on Kateri Drive. Helmets mandatory. Bring tube, pump and tools to fix a flat, water, ride nutrition. Ride is cancelled if wind >40kph or stormy.

## MTB Ride

Ride with some OG's of GP mountain biking. Frequent regrouping after singletrack sections so no one gets left behind.

## Group Rides

Road rides start at Starbucks on Kateri Drive. MTB Rides start at the bike skills park in South Bear Creek.  
Garrett 780-830-6771 (Road)  
Steve 780-933-5249 (MTB and Trails)

# August 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1 Holiday weekend – No organized ride	2
3	4	5	6 7:00 PM MTB Group Ride	7	8 11:00 AM Group Road Ride	9
10	11	12	13 7:00 PM MTB Group Ride	14	15 11:00 AM Group Road Ride	16
17	18	19	20 7:00 PM MTB Group Ride	21	22 11:00 AM Group Road Ride	23
24	25	26	27 7:00 PM MTB Group Ride	28	29 11:00 AM Group Road Ride	30
31						

# EVENT

## Road Rides

Start at Starbucks on Kateri Drive. Helmets mandatory. Bring tube, pump and tools to fix a flat, water, ride nutrition. Ride is cancelled if wind >40kph or stormy.

## MTB Ride

Ride with some OG's of GP mountain biking. Frequent regrouping after singletrack sections so no one gets left behind.

## Group Rides

Road rides start at Starbucks on Kateri Drive. MTB Rides start at the bike skills park in South Bear Creek.  
Garett 780-830-6771 (Road)  
Steve 780-933-5249 (MTB and Trails)

# September 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3 6:30 PM MTB Group Ride	4	5 Holiday Weekend – no organized ride	6
7	8	9	10 6:30 PM MTB Group Ride	11	12 11:00 AM Group Road Ride	13 Peace Country Champs – FSJ - Tentative
14	15	16	17 6:30 PM MTB Group Ride	18	19 11:00 AM Group Road Ride	20
21	22	23	24 6:30 PM MTB Group Ride	25	26 11:00 AM Group Road Ride	27
28	29	30				

# EVENT

## Group Rides

Road rides start at Starbucks on Kateri Drive. MTB Rides start at the bike skills park in South Bear Creek.

Garett 780-830-6771 (Road)

Steve 780-933-5249 (MTB and Trails)

# October 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**EVENT**