

Road Rides

Start at Starbucks on Kateri Drive. Helmets mandatory. Bring tube, pump and tools to fix a flat and other common mechanicals, water, ride nutrition.

MTB Rides

MTB rides start from the bike skills park in South Bear Creek. Helmets mandatory. Bring tube, pump, tools to fix a flat and other common mechanicals, water, ride nutrition.

Time Trials

7.5k (one way) or 15k (out and back) Meet just west of the Wapiti Nordic Ski Club biathlon parking lot. Ride along TWNS Rd 704 and RR 64. Look for markings on pavement or see [Strava](#).

Membership

Membership with the Wheelers or other ABA affiliated club is required to meet ABA and Cycling Canada insurance requirements. See www.gpwheelers.ca for the link to register.

Join the [GP Wheelers Facebook Group](#) for club announcements, ride updates, trail updates, and other bike-related information.

April 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
8	9	10 7:00 PM Social Road Ride	11	12	13	14
15	16	17 7:00 PM Social Road Ride	18 7:00 PM MTB Group Ride	19	20	21
22	23	24 7:00 PM Social Road Ride	25 7:00 PM MTB Group Ride	26	27	28 11:00 AM Intro to Group Road Rides
29	30					

EVENT

Group Rides

Road rides start at Starbucks on Kateri Drive. MTB Rides start at the bike skills park in South Bear Creek.
 Garrett 780-830-6771 (Road)
 Steve 780-933-5249 (MTB and Trails)

NCCP Coaching Clinics

April 27 – Road Skills and Tactics
 April 28 – MTB Skills and Tactics
<http://www.albertabicycle.ab.ca/course-registration-schedule-coaches>

Blizzard Bike Club – Fort St John

These guys have lots of rides and club races if you're in the area. Must be member of ABA affiliated club (like us or Blizzard) www.blizzardbikeclub.com

May 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 7:00 PM Social Road Ride	2 7:00 PM MTB Group Ride	3	4 11:00 AM Sprint Training - Road	5 9:00AM Trail Work – meet at Starbucks
6 6:30 PM Intro to Group Road Rides	7	8 7:00 PM Social Road Ride	9 7:00 PM MTB Group Ride	10	11 11:00 AM Group Road Ride	12 Alberta 55+ Games Zone 8 Qualifier
13	14 7:00 PM Wheelers TT #1 Meet at Wapiti Nordic Biathlon Parking lot.	15 7:00 PM Social Road Ride	16 7:00 PM MTB Group Ride	17	18 11:00 AM Sprint Training - Road	19
20	21	22 7:00 PM Social Road Ride	23 7:00 PM MTB Group Ride	24	25 11:00 AM Sprint Training - Road	26
27	28	29 7:00 PM Social Road Ride	30 7:00 PM MTB Group Ride	31		

EVENT

Alberta 55+ Games Qualifier

10k/20k Individual Time Trial @ 10am
 20k/40k Road Race @ 2pm
 Contact Bob Walsh by May 1st to register or for more information 780-835-1492

ABA Road and XC Races

Interested in Racing? Races occur most weekends. See www.albertabicycle.ab.ca/calendar for race information

Group Rides

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 Steve 780-933-5249 (MTB and Trails)

June 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2 9:00AM Trail Work – meet at Starbucks
3 6:30 PM Intro to Group Road Rides	4	5 7:00 PM Social Road Ride	6 7:00 PM MTB Group Ride	7	8 11:00 AM Group Road Ride Jasper Gran Fondo	9
10	11 7:00 PM Wheelers TT #2 Meet at Wapiti Nordic Biathlon Parking lot.	12 7:00 PM Social Road Ride	13 7:00 PM MTB Group Ride	14	15 11:00 AM Group Road Ride	16 Fathers Day MTB in Grande Cache
17	18	19 7:00 PM Social Road Ride	20 7:00 PM MTB Group Ride	21	22 11:00 AM Group Road Ride	23
24	25	26 7:00 PM Social Road Ride	27 7:00 PM MTB Group Ride	28	29 11:00 AM Group Road Ride	30

EVENT

ABA Road and XC Races

Interested in Racing? Races occur most weekends. See www.albertabicycle.ab.ca/calendar for race information

Fathers Day MTB in Grande Cache

Leave GP at 8am. Call Steve to find out more 780-933-5249

Group Rides

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Garett 780-830-6771 (Road)
Steve 780-933-5249 (MTB and Trails)

July 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3 7:00 PM Social Road Ride	4 7:00 PM MTB Group Ride Alberta 55+ Games	5 Alberta 55+ Games	6 11:00 AM Group Road Ride Alberta 55+ Games	7 Alberta 55+ Games
8	9 7:00 PM Wheelers TT #3 Meet at Wapiti Nordic Biathlon Parking lot.	10 7:00 PM Social Road Ride	11 7:00 PM MTB Group Ride	12	13 11:00 AM Group Road Ride	14
15	16 7PM Hill Repeats. Meet at corner of Resources Rd and The Dunes G&WC	17 7:00 PM Social Road Ride	18 7:00 PM MTB Group Ride	19	20 11:00 AM Group Road Ride Peace Cycle Tour	21
22	23 7PM Hill Repeats. Meet at corner of Resources Rd and The Dunes G&WC	24 7:00 PM Social Road Ride	25 7:00 PM MTB Group Ride	26	27 11:00 AM Group Road Ride	28 MTB Tumbler Ridge
29	30	31 7:00 PM Social Road Ride				

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Peace Cycle Tour

Gran Fondo in Tumbler Ridge
<http://peacecycletour.ca/>

ABA Road and XC Races

Interested in Racing? Races occur most weekends See www.albertabicycle.ab.ca/calendar for race information

August 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3 11:00 AM Group Road Ride	4
5	6	7 7:00 PM Social Road Ride	8 7:00 PM MTB Group Ride	9	10 11:00 AM Group Road Ride 2:30pm Road Ride in TR	11 10am Road Ride in TR
12	13 7:00 PM Wheelers TT #4 Meet at Wapiti Nordic Biathlon Parking lot.	14 7:00 PM Social Road Ride	15 7:00 PM MTB Group Ride	16	17 11:00 AM Group Road Ride Tour of the Peace - FSJ	18
19	20	21 7:00 PM Social Road Ride	22 7:00 PM MTB Group Ride	23 Alberta Masters Games	24 11:00 AM Group Road Ride Alberta Masters Games	25 Alberta Masters Games
26	27	28 7:00 PM Social Road Ride	29 7:00 PM MTB Group Ride	30	31 11:00 AM Group Road Ride	

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Alberta Masters Games

Road, XC and Cyclocross
<https://albertasport.ca/alberta-games/alberta-masters-games/>

Tumbler Ridge Road Rides

Looking for some new roads? Tyler will lead a couple road rides in Tumbler Ridge 780-228-0452

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3	4 7:00 PM Social Road Ride	5 7:00 PM MTB Group Ride	6	7 11:00 AM Group Road Ride	8
9	10	11 7:00 PM Social Road Ride	12 7:00 PM MTB Group Ride	13	14 11:00 AM Group Road Ride	15 9:00AM Trail Work – meet at Starbucks Peace Country Champs - FSJ
16	17	18 7:00 PM Social Road Ride	19 7:00 PM MTB Group Ride	20	21 11:00 AM Group Road Ride	22
23	24	25 7:00 PM Social Road Ride	26 7:00 PM MTB Group Ride	27	28 11:00 AM Group Road Ride	29

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Steve 780-933-5249 (MTB and Trails)

Peace Country Championships

Blizzard Bike Club in FSJ host each year. Leave GP around 10am and get back around 8pm. Call Garett 780-830-6771

October 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

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EVENT